

Little Contenders for the Faith

by

Jeff Zakula

Little Contenders for the Faith, 2008 edition, is copyrighted by Keepers of the Faith.
Copyright 2017

This book, including illustrations, may not be reproduced in whole or in part without written permission from Keepers of the Faith.

Keepers of the Faith
www.keepersofthefaith.com
sales@keepersofthefaith.com

PDF TERMS OF USE

Keepers of the Faith retains all copyrights for these materials. With that said, you may print the books in whole or in part. As with any other of our materials, you are free to use them to suit the needs of your church, homeschool, or family group. They should *not* be modified, distributed, sold, or relicensed. We have put much thought and prayer into how and why this program works, and we wish to preserve that formula. From time to time, you will certainly use additional resources for projects or activities. We ask that you do not include them as part of the original work, but simply make them available as resources, so that people know that it is a distinct piece of intellectual property. We are happy for everyone to make what customizations they feel necessary for their groups. We would simply like new users to start with a program from the source, rather than something heavily modified that they might think came from Keepers of the Faith. If you have any questions, please feel free to write us at sales@keepersofthefaith.com.

Dedication

I dedicate this book to all the boys who want to be contenders for the faith.

An Important Letter to Parents

Dear Parents,

This is the most important time in your life with your sons, for it is the time God has given you to parent them. They are with you for only a few short years, and in these few short years, they have so much to learn about our Lord Jesus Christ, about being a Christian man, and a future husband and father.

We parents certainly have a job to do. This handbook can be a help in teaching many of the basics in both a structured and a creative manner. The boys will have a great deal of fun learning new skills, all the while building character and good habits.

Do not let the list of skills intimidate you. If you do not know some of them, why not learn right along with your boys? Instructional books are a great help, but you might also find other men in your fellowship who would be happy to share knowledge with you.

I can attest from personal experience, that if you spend time with your sons learning new skills together, you will not only be close during this learning process, but you will be close friends for the rest of your lives.

There is nothing more important than teaching our sons to love the Lord, and to live godly lives serving Him. This little course makes that an integral part of the process of learning and developing. May God bless you as you begin the journey of teaching your sons, and becoming lifelong friends in the process.

Sincerely,
Jeff Zakula

A Letter to Boys

Dear Boys,

This Little Contenders for the Faith handbook is for you! It is your stepping stone to becoming all God would have you to be. You will not always be a boy. You will grow up to be a Christian man, and this handbook will help prepare you for your future.

Now is the most important time in your life. You are now becoming what you will be. The things you enjoy doing now will be the things you will enjoy doing in the future. There is not a moment to waste! Now is the time to be busy! My prayer to God for you is that this handbook will be a help to becoming a Christian man who serves God.

Mr. Zakula

Contents

An Important Letter to Parents	I
A Letter to Boys	II
Little Contenders	3
For the Faith	3
Godly Boyhood	4
Bible Memory	5
Bible Reading	7
Family	9
Grandparents	13
Jesus Loves Me	15
Keeping Clean	16
Manners	17
Neighbors	18
Others	20
Prayer Warrior	22
Singing	23
Basic Skills	24
ABCs	25
Albums	26
Building Blocks	27
Camping	28
Checkers	29
Chores	30
Coloring	33
Croquet	34
Gardening	35
Hand Tools	36
Knots	37
Little Readers	40
Money Sense	42
Mosaics	43
Painting	44
Play Ball!	45
Puzzles	46
Quilling	47
Stenciling	49
Wood Models	50
Yard Work	51
Nature	52
Birds	53

Butterflies	55
Farm Animals.....	57
Insects.....	58
Pets.....	60
Plants.....	62
Wildlife	64
Notes for Fathers and Teachers	66
Available Resources.....	68

***“Whatsoever thy hand
findeth to do, do it with thy
might.” Ecclesiastes 9:10***

Little Contenders For the Faith

Purpose: To learn to be a man and stand for Jesus.

Goal: To be easy to teach and to learn many new things.

Verse: *"Stand therefore, having your loins girt about with truth."* —
Ephesians 6:14

Prayer: "Teach me, Lord Jesus, to be wise and strong."

Awards: A boy earns an award for each skill he learns.

Category I

Godly Boyhood

"The first of all the commandments is, Hear, O Israel; The Lord our God is one Lord: and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment." —Mark 12:29-30

Do you love God? If you do, you will want to put Him first in everything you do. You will learn to love Him with your whole heart, with all your soul, with your mind, and with your strength.

This section of our Contenders handbook will help you to put God first in your life.



Bible Memory



"Thy word have I hid in mine heart, that I might not sin against thee." —Psalm 119:11. Hiding God's Word in our hearts means to memorize it! We memorize so we will not forget. This will be helpful to us all day long. The verses we learn will remind us not to sin against God. Boys will truly be different boys when they hide God's Word in their hearts. Will you begin today to hide God's Word in your heart?

Things to Learn

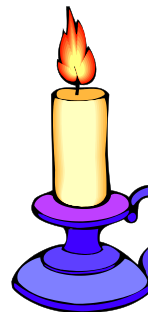
Earn one or more badges from the list.

Books of the Bible	Psalm 121
1 Corinthians 13	Ten Commandments (Deuteronomy 5:7-21)
Psalm 1	Kindness Verses
Psalm 23	Obedience Verses
Psalm 100	Love Verses
Psalm 113	

Four Kindness Verses

- ☐ "For his merciful kindness is great toward us." —Psalm 117:2
- ☐ "Charity suffereth long, and is kind." —1 Corinthians 13:4
- ☐ "And be ye kind one to another." —Ephesians 4:32
- ☐ "Be kindly affectioned one to another with brotherly love; in honour preferring one another." —Romans 12:10

*"Thy word is a lamp
unto my feet, and a
light unto my path."
—Psalm 119:105*



Four Obedience Verses

- ☐ "Children, obey your parents in the Lord: for this is right."
—Ephesians 6:1
- ☐ "Children, obey your parents in all things: for this is well pleasing unto the Lord." —Colossians 3:20
- ☐ "And being made perfect, he became the author of eternal salvation unto all them that obey him." —Hebrews 5:9
- ☐ "Obey them that have the rule over you." —Hebrews 13:17

Four Love Verses

- ☐ "For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."
—John 3:16
- ☐ "If ye love me, keep my commandments." —John 14:15
- ☐ "This is my commandment, That ye love one another, as I have loved you." —John 15:12
- ☐ "Beloved, if God so loved us, we ought also to love one another." —1 John 4:11

DATE	SCRIPTURE MEMORIZED

Bible Reading



A Christian boy is special because he belongs to God. He shows his love to God by obeying Him. How does he know what God wants him to do? Why, he must read God's Word, the Bible. Yes, the Bible is the Word of God. And young boys can read it too. The Bible says that we are to study it. *"Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth."* —2 Timothy 2:15.

Do not ever think, "But I am just a young boy. How can I understand God's Word?" God says, *"Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not."* —Jeremiah 33:3.

Boys, this is the most important skill in the entire handbook. Do not fail to earn this award each year. It is even more important than Bible memory, because without an understanding of the whole of God's Word, we may not really understand its verses.

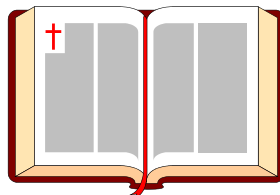
Things to Learn

You may choose one or more of the following portions of the Bible to read. Each book earns a Bible reading award. You may earn more than one award each year.

*"The entrance of thy
words giveth light; it
giveth understanding
unto the simple."
—Psalm 119:130*

Date

Daniel	
Jonah	
Galatians	
Ephesians	
Philippians	
Colossians	
1 Thessalonians	
1 Peter	

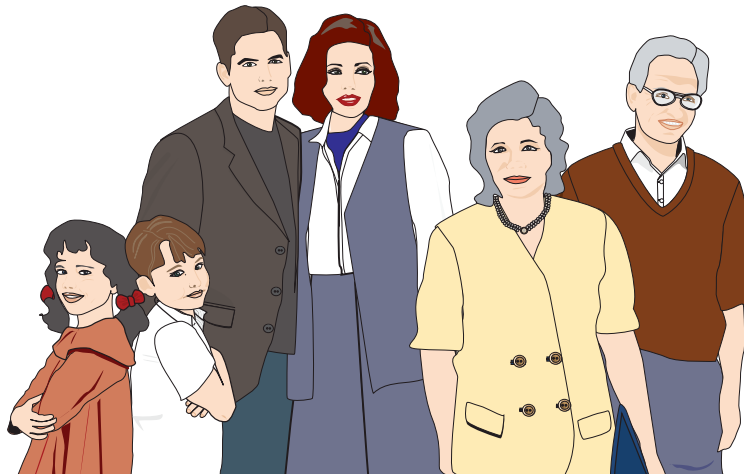


Family

Families are very important to God. He created the family! Families provide a safe place for children to grow up. It is there that they learn about love, about God, and about loving each other.

Most boys, when they grow up, will marry and have families. That is good, and that is what God planned.

God's plan for the family is always the same. We are to care for the needs of other family members. Our families should be very important to us. The members of our family should be our very best friends. Our purpose for this badge is to help each boy to learn how to love his family and help take care of them.



Things to Learn

1. Pray for each family member daily. Do this for one month. Put the initial of each family member's name in the chart each time you pray for them (for example, M for mom, J for John).

Sun	Mon	Tue	Wed	Thur	Fri	Sat

Godly Boyhood

2. Each day, tell each member of your family that you love him or her, and give a hug. Do this for one month. Put the initial of each family member's name in the chart for each time you say "I love you." Be sure to give a hug. This may seem silly at first, but you are forming a habit.

Sun	Mon	Tue	Wed	Thur	Fri	Sat

3. Do one extra nice thing for each family member.

Name	What I Did
Father	
Mother	

*HOME
SWEET
HOME*

✓ Date Completed _____

Grandparents

"Remove not the ancient landmark, which thy fathers have set." —Proverbs 22:28. Godly grandparents are a wonderful blessing. Young people should learn everything possible from them. Your grandparents may not live nearby, or they may have already gone to heaven. If so, adopt grandparents from your local church or neighborhood.



Things to Learn

1. Write your grandparents a letter or send a card once a month. Do this three times.

Date _____

Date _____

Date _____

2. On your grandparents' birthdays, do something special for them. Write down what you did.

3. Write your grandparents' favorite Bible verse below.

Bible verse _____

4. Share a prayer request with your grandparents. Have them share a request with you. Pray daily for these requests.

Prayer requests _____

5. Make a treat for your grandparents. Write down what you made.

✓ Date Completed _____

Jesus Loves Me

Yes, Jesus loves you! He does! He created you. He died for you to redeem you. He lives for you. He is waiting in heaven for you!

Things to Learn

Learn all the verses of "Jesus Loves Me."

Jesus Loves Me

ANNA B. WARNER

WILLIAM B. BRADBURY

1. Je- sus loves me! this I know, For the Bi- ble tells me so; Lit - tle
2. Je- sus loves me! He Who died Heav-en's gate to o - pen wide; He will
3. Je- sus loves me! He will stay Close be- side me all the way; Thou hast

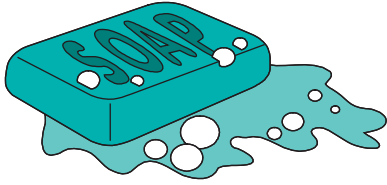
ones to Him be- long, They are weak but He is strong.
wash a - way my sin, Let His lit - tle child come in. Yes, Je- sus loves me!
bled and died for me, I will hence- forth live for Thee.

Yes, Je- sus loves me! Yes, Je- sus loves me! The Bi- ble tells me so.



Date Completed _____

Keeping Clean



There is a saying that says, "Cleanliness is next to godliness." It surely must be so, for in the Bible God told the people to wash their clothes before they came near Him. *"And the Lord said unto Moses, Go unto the people, . . . , and let them wash their clothes."* —

Exodus 19:10. God does not like dirt! So, we need to learn how to be clean.

Things to Learn

1. Wash your hands when they are dirty.
2. Take a bath when you are dirty.
3. Wash your hair at least once a week.
4. Brush your teeth each morning and evening.
5. Change dirty clothes.

Do the listed things for four weeks.

☐ Week 1 ☐ Week 2 ☐ Week 3 ☐ Week 4

✓ Date Completed _____

Manners

"A good name is rather to be chosen than great riches, and loving favour rather than silver and gold." —Proverbs 22:1. It is important to know how to behave properly. Good leaders know how to behave in every situation. Good Christians also know how to behave well. *"Giving no offence in any thing, that the ministry be not blamed."* —2 Corinthians 6:3-4.

Things to Learn

1. ☐ Show how to stand, walk, and sit like a man.
2. ☐ Show proper table manners (using silverware, drinking out of glasses, sitting the right way in a chair, using a napkin properly).
3. ☐ Show how to address an adult man.
4. ☐ Show how to address an adult woman.
5. ☐ Explain the importance of being clean and neat.
6. ☐ Explain what good speaking manners are.
7. ☐ Explain what behavior is proper in public places, such as at church or in a restaurant.
8. ☐ Show how to answer a telephone properly.
9. ☐ Show how to properly ask for something.
10. ☐ Explain the importance of being on time.



Date Completed _____

Neighbors



It is very important to remember that Jesus said, *"Thou shalt love thy neighbor as thyself. . ."* —Mark 12:31. Sometimes we think that we only need to love our Christian "brothers," but this is not so. The word neighbor goes further than that. It can refer to the stranger we meet who needs our help. It can even mean our enemies! *"Therefore if thine enemy hunger, feed him; if he thirst, give him drink . . ."* —Romans 12:20. We need to open our eyes and look around. We need to see that we can help others, and be a good neighbor!

Things to Learn

1. Do two nice things for a neighbor on your street or near your home. (Bring a small gift to them. Help them rake their yard, or pick weeds for them. Offer to do a job or task for them.)

Name of Neighbor	What You Did

2. Jesus said, *"And if ye salute your brethren only, what do ye more than others? do not even the publicans so?"* —Matthew 5:47. It is easy to say "Hi" to our friends or to people we know, but Jesus said we are to say hello to folks who may have been unkind to us. We need to say "Hello" and kindly greet everyone we meet. Say "Hello" to at least three people to whom you have never spoken before. Name the people, such as the mailman, or the people down the street.

(1) _____

(2) _____

(3) _____



✓ Date Completed _____

Others

"Look not every man on his own things, but every man also on the things of others." —Philippians 2:4. "For all the law is fulfilled in one word, even in this; Thou shalt love thy neighbour as thyself." —Galatians 5:14. Living for others is a major key to a happy Christian life. A wise young man often asks himself the question, "How can I show the love of God to others today?"

Things to Learn

1. ☐ Memorize the following poem.

OTHERS

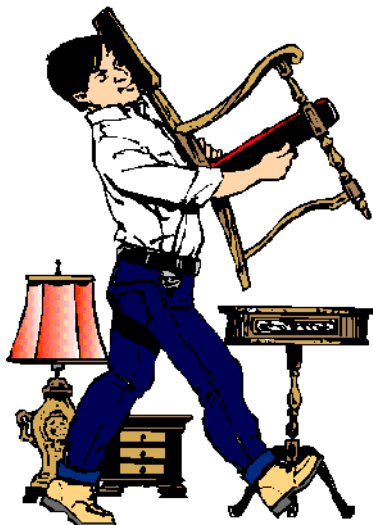
Lord, help me live from day to day
In such a self-forgetful way,
That even when I kneel to pray,
My prayer shall be for others,

Others, Lord, yes, others,
Let this my motto be:
Help me to live for others,
That I may live like Thee.

Charles D. Meigs

Godly Boyhood

2. ☐ Help Mom with an extra job.
3. ☐ Help Dad with an extra job.
4. ☐ Make something and give it away.
5. ☐ Help a neighbor in need.
6. ☐ Send a card to someone who is sick.



✓ Date Completed _____

Prayer Warrior



God loves each boy very much. He wants each boy to pray to Him as his Father in heaven. That is why Jesus taught His disciples to pray to God by saying, *"Our Father which art in Heaven."*

God's Word tells a boy to pray continually, which means all the time. *"Pray without ceasing."* —1 Thessalonians 5:17. He is to pray for everyone in his family. He is to pray for those who do not know Jesus.

Jesus was God the Son. He still spent much time praying to His Father in heaven. We need to spend time praying to our Father in heaven because we are just young boys! Spend time each day praying!

Things to Learn

1. ☐ Jesus taught us specifically how we should pray. Memorize Matthew 6:9-13.

"After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen."

2. ☐ To help you to learn to pray each day, put a small check mark on the calendar below. It is good to pray in the morning and at night.

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

✓ Date Completed _____

Singing



"Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord." —Colossians 3:16. God's Word, the Bible, says that we should sing, and sing, and sing some more. Why? Because singing makes us happy. So sing all the time! Sing while you work and while you play!

Things to Learn

1. List two of your favorite Christian songs, and tell why you like them.

(1) Song _____

I like it because _____

(2) Song _____

I like it because _____

2. ☐ Learn all the verses of one song.

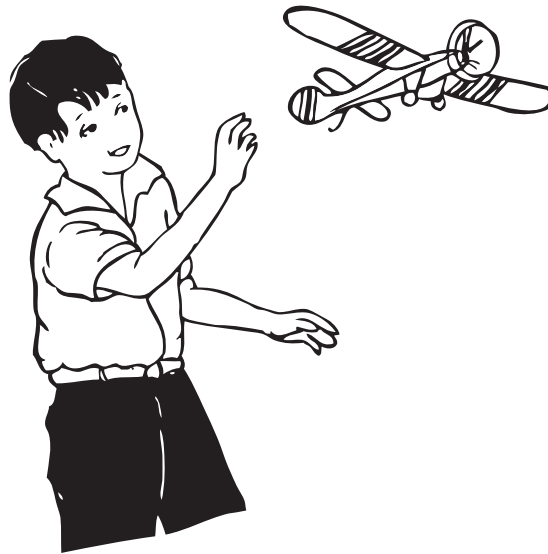
✓ Date Completed _____

Category II

Basic Skills

"And I have filled him with the spirit of God, in wisdom, and in understanding, and in knowledge, and in all manner of workmanship, to devise cunning works . . ." —Exodus 31:3-4a.

God wants us to learn new things. We need to learn lots of things about God, but we need to learn other things too. We need to learn how to think, how to build, how to work, and how to learn things about our world.



ABCs

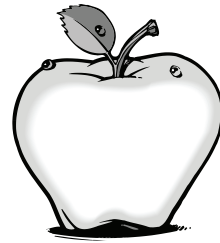


Learning our ABCs is the first step to reading! And reading is so important! Once you can read, you can read God's Word, the Bible!

Things to Learn

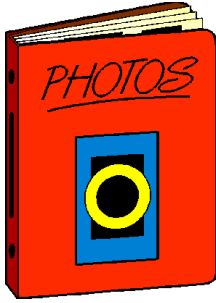
1. ☐ Learn the ABCs.
2. ☐ Learn the sounds of the ABCs.
3. ☐ Write the ABCs.

A says *ă* as in



✓ Date Completed _____

Albums



It is fun to put pictures in albums so that we can always remember special people. We can remember places we visited and fun times too.

What You Will Need

A small album, pictures, glue, pens, and stickers.

Helpful Information

Remember to put a date on the page. Write who is in the picture or where the picture was taken.

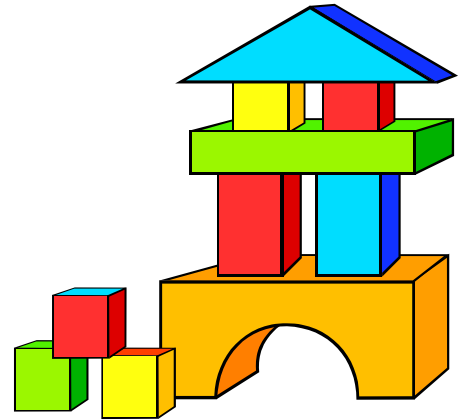
Things to Learn

1. ☐ Show how to crop pictures. When you crop pictures, you show only the important parts of the picture. You will also be able to fit more pictures on a page. Then the page will be more interesting.
2. ☐ Show how to mat pictures. Matting is the background for a picture.
3. ☐ Make your own album.

✓ Date Completed _____

Building Blocks

Men and boys love to build things. Men build bridges, houses, churches, airplanes, ships, rockets, and more. The first steps to learning to build such things begin in boyhood. By building with blocks, you learn to put things together. Small pieces come together to build something bigger. That is what you will learn as you have fun building.

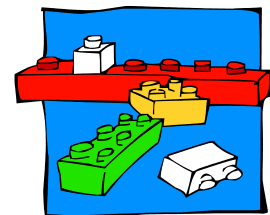


What You Will Need

Blocks — Two different kinds are helpful: plastic building blocks and wooden blocks.

Things to Learn

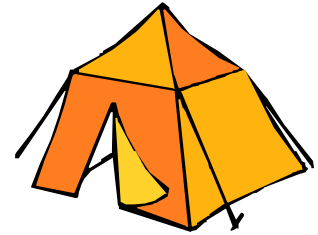
1. ☐ Build a small house with plastic building blocks.
2. ☐ Build a large house with plastic building blocks.
3. ☐ Build a barn with wooden blocks.
4. ☐ Build a boat with wooden blocks.



✓ Date Completed _____

Camping

Boys love camping out in God's wonderful world. However, there are lots of things to learn about camping. This badge will begin to help you learn about camping.



Things to Learn

1. ☐ Help pack all the camping supplies.
2. ☐ Pay close attention when Dad is setting up the tent. Be very helpful to him.
3. ☐ Help gather kindling wood for your campfire.
4. ☐ Help put the campfire out before going to bed.
5. ☐ Put all the trash in the proper waste container.
6. ☐ Clean up the campsite before going home.
7. ☐ When you get home, help Dad put away all the camping gear.



✓ Date Completed _____

Checkers

Checkers is a great game to teach you how to think and plan for the future. Your goal is to take all your opponent's checkers. Your opponent is the person playing with you. You have to watch and find safe squares, plan your moves, and defend yourself.

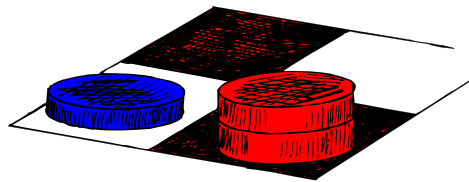
What You Will Need

A checker game.

Things to Learn

1. Know the rules to the game.
2. Play four games.

☐ Game 1 ☐ Game 2 ☐ Game 3 ☐ Game 4



✓ Date Completed _____

Chores

Chores? How can "chores" be a skill? Well, chores require thinking, following directions, working, and staying with the job until it is finished. And chores should get harder and longer as you grow! Dad goes to work all day at a job. A job is one big chore. So let's get started learning to do chores!



What You Will Need

A "Chore List" from Dad or Mom to do the following:

Things to Learn

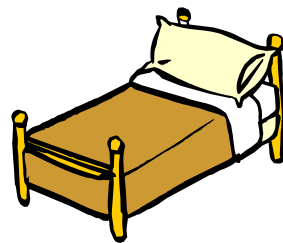
1. Make your bed every day.
2. Clean your room.
3. Empty the small trash every day.
4. Pick up your toys and put them away after playing with them.

Do these four things for one month. Mark the matching box on the chart each time you do a chore.

Basic Skills

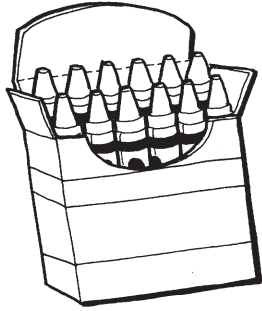
[illegible]

Basic Skills



✓ Date Completed _____

Coloring



God has colored His world with so many pretty colors. The sky is blue, the grass is green, and the sun is yellow. I think that God must have put into the hearts of His children a desire to color their world too. Children love to color. We can use this badge to learn how to color neatly. We should finish the pictures that we start.

What You Will Need

A coloring book and crayons or colored pencils.

Things to Learn

Complete one coloring book neatly.

✓ Date Completed _____

Croquet

Croquet is a game that people of all ages enjoy playing. The game involves hitting a wooden ball with a wooden mallet through a series of wickets (hoops). The one who finishes going through all the hoops and hitting the final stake is the winner.



What You Need

A Croquet Set with a copy of the rules.

Things to Learn

1. ☐ Explain the rules and scoring to your parent or leader.
2. ☐ Play and keep score for three games.

☐ Game 1 ☐ Game 2 ☐ Game 3

✓ Date Completed _____

Gardening

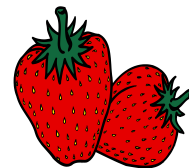


"And the LORD God took the man, and put him into the garden of Eden to dress it and to keep it." —Genesis 2:15. Soon after God created Adam, He put him into a garden and gave him a job to do. Adam was to dress the garden, which means to take care of it.

Things grown in the garden cost less and taste much better than food bought at the store.

Things to Learn

1. ☐ Decide what vegetables and fruits you will be planting. If possible, start your plants from seeds.
2. ☐ Plant a little garden or share part of the family garden. If you are unable to do that, plant your garden in containers, such as five-gallon buckets, flower boxes, pails, or planters. This is a "learning" garden so it does not need to be big.
3. ☐ Be responsible for weeding, watering, and harvesting your garden.



✓ Date Completed _____

Hand Tools

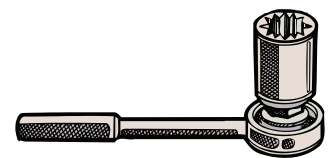
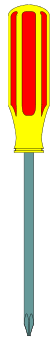
What boy does not like to use Dad's tools? Tools are something that boys and men will use their entire lives! Tools are used for nearly everything. This badge will help you get to know a few simple tools and how to use them.

What You Will Need

Your leader will collect the various tools needed for this badge.

Things to Learn

1. ☐ Be able to tell the difference between a regular screwdriver and a Phillips screwdriver.
2. ☐ Show that you can screw and unscrew with both kinds of screws.
3. ☐ Know what a claw hammer looks like. Tell what it is used for.
4. ☐ Use a claw hammer to pound and pull nails. (Pull nails that are partly driven.)
5. ☐ Know what an open-end wrench is and what it is used for.
6. ☐ Install and remove bolts with an open end wrench.
7. ☐ Know what a box-end wrench is and what it is used for.
8. ☐ Install and remove bolts with a box end wrench.
9. ☐ Know what a ratchet and socket wrench is and what it is used for.
10. ☐ Install and remove bolts with a ratchet and socket wrench.



✓ Date Completed _____

Knots

" . . . And a threefold cord is not quickly broken." —Ecclesiastes 4:12b. Rope is one of man's first tools. Ropes and knots are used by people every day. Knots are used for shoelaces, clotheslines, backyard swings, and even bridges. There are over 3,000 ways to tie knots.

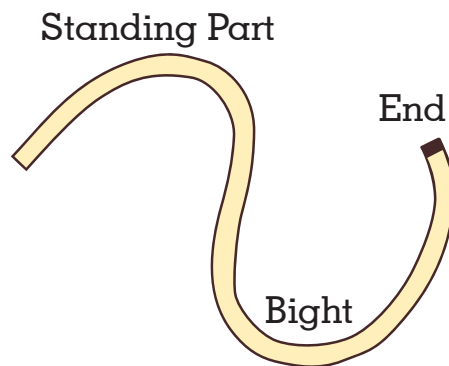
What You Will Need

A short piece of rope.

Helpful Information

Tying a Knot — There are three parts of a rope used to tie a knot. These are:

1. End—The end is the end used to tie the knot.
2. Standing Part—The knot will be tied around the standing part.
3. The Bight—The bight is the slack part of the rope between the end and the standing part.

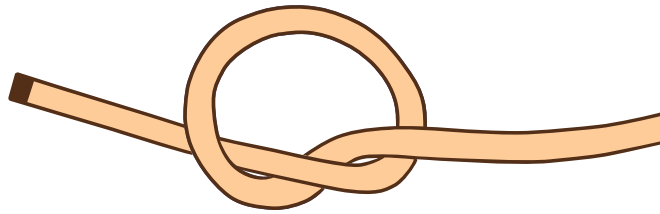


Things to Learn

1. ☐ Overhand Knot — The overhand knot is used more than any other knot. This knot is easy to tie. You may already know how.

How to Tie an Overhand Knot —

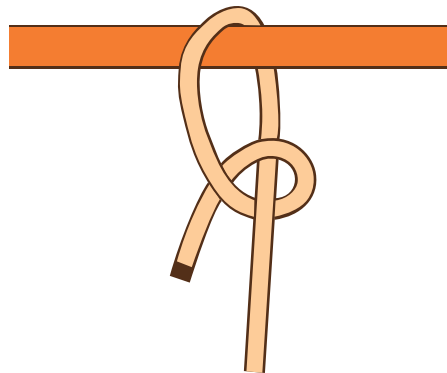
1. Turn the rope (standing part) to make a loop.
2. Put the end through the loop.



2. ☐ Half Hitch — The half hitch is an easy knot. It is not always used by itself. It is often added to other knots to help keep them tight.

How to Tie a Half Hitch —

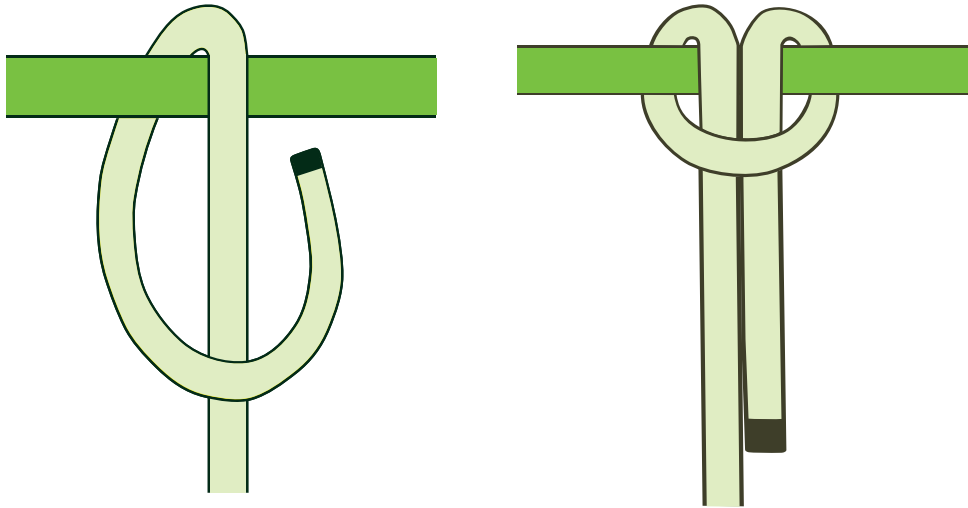
1. Put the rope around a bar or post.
2. Bring the end around behind the rope (standing part).
3. Put the end through the loop.



3. ☐ Cow Hitch — The cow hitch is often used to tie off a horse's bridle so that he will not wander away.

How to Tie a Cow Hitch —

1. Pass the end of the rope over a rail.
2. Bring the end around in front of the rope (standing part).
3. Bring the end up behind the rail.
4. Put the end through the loop.



✓ Date Completed _____

Little Readers

"And the book is delivered to him that is not learned, saying read this, I pray thee: and he sayeth, I am not learned." —I Isaiah 29:12. Christian boys should be able to read well so that they can learn many useful things. When we read, we should have a purpose for our reading. What is it that we want to learn? What would we like to know more about?



Things to Learn

Read 10 books about different things.

Fill out the record below on the books.

1. Title _____
About _____
2. Title _____
About _____
3. Title _____
About _____
4. Title _____
About _____
5. Title _____
About _____
6. Title _____
About _____
7. Title _____
About _____
8. Title _____
About _____

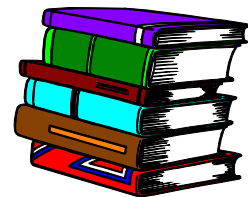
Basic Skills

9. Title _____

About _____

10. Title _____

About _____



✓ Date Completed _____

Money Sense



"Honour the LORD with thy substance . . ." —Proverbs 3:9.
All that we have belongs to God. It is ours to use, but a godly person will use it as God would, to help and bless others with it as needed.

Things to Learn

1. Even as a young boy, you may receive gifts or have small jobs you can do to earn money. Decide with your parents how much you will give back to God, how much you will give to others, how much you will save, and how much you will have to spend.

Example — You have \$1.00. You might give 10¢ to God, 10¢ to others, 10¢ into savings, and spend 70¢.

2. ☐ Open a savings account. This account can be with Dad or Mom.
3. Make regular deposits in your savings account over a period of three months.

	1 st	2 nd	3 rd
Deposit			

✓ Date Completed _____

Mosaics

A mosaic is one big picture made up of many small pieces. The small pieces can be paper, pebbles, or tiny beads. All these little pieces come together to make a nice picture or design.

What You Will Need

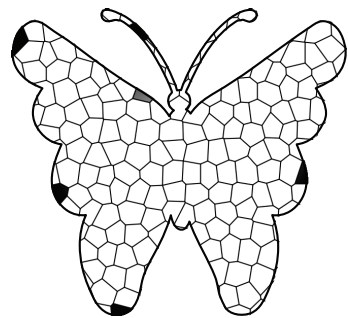
1. Pattern — You could use a simple picture from a coloring book of a butterfly or ladybug or flower.
2. Scissors and glue stick
3. Mosaic pieces — Cut small pieces from construction paper or other colored paper. Use several colors.

How to Make A Mosaic

Glue your mosaic pieces onto your pattern. Use different colors to fill in each space. When you are finished you can cut the shape out. You can glue a magnet on the back and put it on the refrigerator. You can punch a hole through the top and tie a string through it. Then you could hang it up. Or you could frame it.

Things to Learn

Make one mosaic project.



✓ Date Completed _____

Painting



Painting is just another way of coloring. You use a brush and paints instead of crayons or pencils. Paints can also be used on wood. Most people like to add color to the things they make. With paints we can mix colors to make new colors. There is no end of colors! It is fun to paint.

What You Will Need

A paint set, paint brushes, heavy paper, and a wooden model or wooden object.

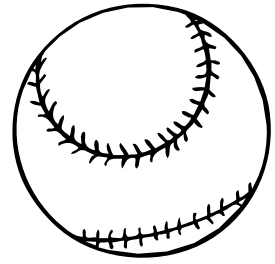
Things to Learn

1. ☐ Paint a picture on paper.
2. ☐ Paint a wooden model or wooden object.

✓ Date Completed _____

Play Ball!

Playing ball is a great skill for young boys to learn. Playing ball helps the brain, eyes, hands, and body to all work together. It takes lots of practice to throw a ball straight and true. It takes lots of practice to catch a ball.



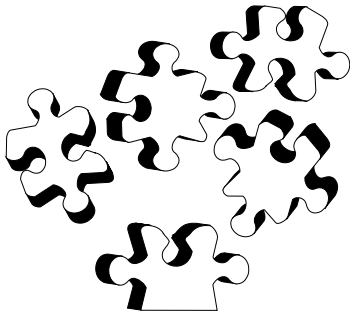
Things to Learn

Practice until you can play catch. You must be able to:

1. ☐ Throw right to the other person.
2. ☐ Catch the ball thrown to you.

✓ Date Completed _____

Puzzles



Puzzles? How can puzzles be a skill? Putting puzzles together is a skill. You look at the shapes of the pieces. Then you look at their colors. Then you try to fit them together. Putting puzzles together is a great activity for our brains!

Things to Learn

Put the following size puzzles together.

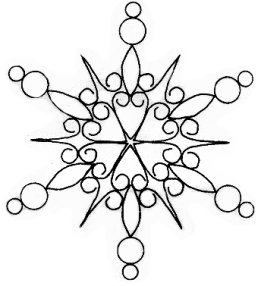
☐ 25 pieces

☐ 50 pieces

☐ 100 pieces

✓ Date Completed _____

Quilling



Quilling is easier than it looks! Quilling is the skill of creating designs with narrow strips of paper that are rolled and shaped. The shapes may look like circles or leaves. They can be formed to look like cars, boats, farm animals, and dinosaurs too.

What You Will Need

Your teacher will provide all the supplies you need.

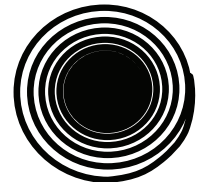
Helpful Information

Keep your hands and tools clean while you work.

Shapes to Learn

Each quilling design will use three to four inches of quilling paper.

Tight Circle — Roll the paper. Slip the tool from the roll's center. Hold the roll with your fingers to keep it from unwinding. Glue the loose end of the paper to the side of the roll.



Loose Circle — Roll the paper. Remove the tool. Let the roll loosen. Glue the loose end.



Teardrop — Roll the paper. Glue a loose circle. Pinch one side of the circle to a point.



Marquise — Roll the paper. Glue a loose circle. Pinch it on each side.



Shaped Marquise — Make a marquise. Curl its two pinched points in opposite directions.



Square — Make a marquise. Pinch it two more times to make four corners.



Things to Learn

1. Learn how to make the basic shapes. Make one of each shape.

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> Tight Circle | <input type="checkbox"/> Loose Circle |
| <input type="checkbox"/> Teardrop | <input type="checkbox"/> Marquise |
| <input type="checkbox"/> Shaped Marquise | <input type="checkbox"/> Square |

2. Make two projects using the quilling skills you have learned.

Name of project

(1) _____

(2) _____

✓ Date Completed _____

Stenciling

Stenciling is easy and fun. A stencil is a picture with a little space removed. We can trace the stencil and then color in the open spaces.

What You Will Need

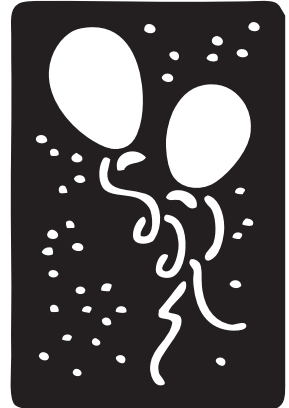
Stencils, colored pencils, and markers

Learning to Stencil

Tape the stencil in place with masking tape. This keeps the stencil from moving while you are coloring or tracing.

Things to Learn

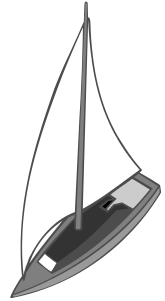
Stencil two or three sheets of stationery or note cards.



✓ Date Completed _____

Wood Models

"And thou shalt make the staves of shittim wood, and overlay them with gold . . ." —Exodus 25:28. Modeling is really fun. It helps develop several skills. One of these is following instructions. The other is paying attention to details. In model kits it is very important to do both. Steps must be done in order. They must be done properly.



What You Will Need

A simple wooden model kit.

Things to Learn

Build one model and paint it.



✓ Date Completed _____

Yard Work

Yards need a lot of care to keep them looking nice. It takes work to keep out weeds. Yards must be watered. They must be mowed. The leaves must be raked in the fall. Yard work is a good job for a young man.

Things to Learn

1. Pick weeds 4 times.

1. ☐ 2. ☐ 3. ☐ 4. ☐

2. Water the yard or flowers 2 times.

1. ☐ 2. ☐

3. Rake leaves 1 time.

1. ☐



✓ Date Completed _____

Category III

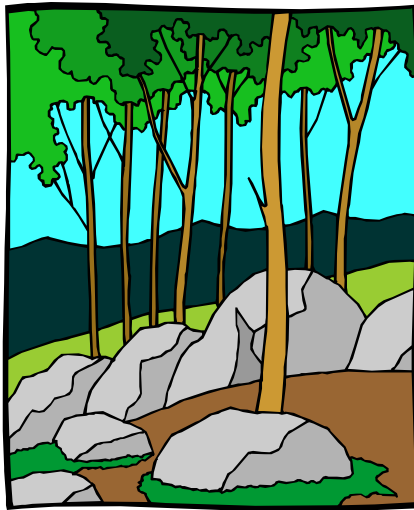
Nature

"In the beginning God created the heaven and the earth . . . And God saw every thing that he had made, and, behold, it was very good." —Genesis 1:1 through 31.

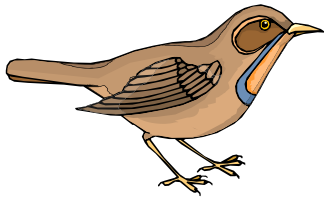
God created the earth and all its beauty for us. God is happy for us to explore His fields and forests, and learn about the animals He has created.

We should be very thankful for God's world, and take time to just enjoy it.

Learning the skills in this section will be fun. You will learn much about God and His work.



Birds



"And God created great whales, and every living creature that moveth, which the waters brought forth abundantly, after their kind, and every winged fowl after his kind: and God saw that it was good."—
Genesis 1:21. Many birds are mentioned in the Bible.

Birds are a blessing to us. Many of us wake up each morning hearing their pretty songs. Some birds even provide food for us, such as chickens and turkeys.

Things to Learn

1. Name three birds that live around your home.

(1) _____

(2) _____

(3) _____

2. Name one bird that cannot fly.

3. Name a bird that can fly backwards.

4. Name a bird that pecks wood with its beak.

5. What is the name of your state bird?

6. Read the following verse and explain what it means.

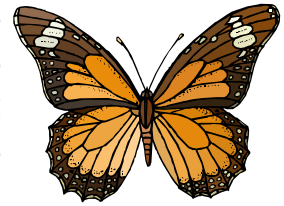
"Are not two sparrows sold for a farthing? and one of them shall not fall on the ground without your Father. But the very hairs of your head are all numbered. Fear ye not therefore, ye are of more value than many sparrows." —Matthew 10:29-31



✓ Date Completed _____

Butterflies

God has created nature with colors for us to see. Butterflies are colorful. The butterfly is very special because it changes from a crawling caterpillar to a flying butterfly. There is a lesson for us in that. When we come to Jesus, we come as lowly sinners. But Jesus changes us into children of God. Think about these things as you study butterflies.



What You Will Need

1. A book about butterflies.
2. Binoculars to help you to see far away.

Things To Learn

1. Find and identify three different butterflies in your area. Read about these butterflies and learn what plants and flowers they like to eat. What habitat does each butterfly like? *Its habitat is its home.*

(1) Butterfly _____

Where I saw it _____

Habitat _____

What it likes to eat _____

(2) Butterfly _____

Where I saw it _____

Habitat _____

What it likes to eat _____

(3) Butterfly _____

Where I saw it _____

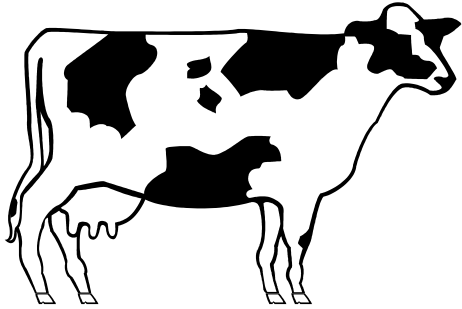
Habitat _____

What it likes to eat _____



✓ Date Completed _____

Farm Animals



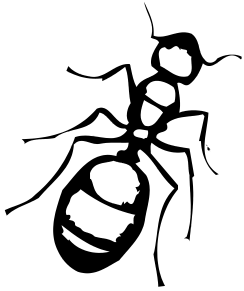
God gave us farm animals. They are easy to take care of, and they give us good food. They give us milk, butter, eggs, meat, and our Thanksgiving turkeys! Let's learn about them.

Things to Learn

1. ☐ Read a book or color a book about farm animals.
2. ☐ Visit a farm or petting zoo.
3. ☐ What is your favorite farm animal? Why?

✓ Date Completed _____

Insects



Insects are small and they are fun to watch. We can learn things from them! In fact, in the Bible, God tells us to study ants. He really does. *"Go to the ant, thou sluggard; consider her ways, and be wise: which having no guide, overseer, or ruler, provideth her meat in the summer, and gathereth her food in the harvest."* —Proverbs 6:6-8.

As we study about insects, let us keep in mind all the things that we might learn from them.

What You Will Need

Your leader will help you gather your supplies.

Helpful Information

When you are finished watching an insect, set it free near the place you found it.

Things to Learn

1. List three insects which live around your home. Write down the following facts about them.

(1) Insect _____

Description _____

Where does it live? _____

(2) Insect _____

Description _____

Where does it live? _____

(3) Insect _____

Description _____

Where does it live? _____

2. List two insects that are good for gardens. Explain how each one helps a garden. To benefit means to be good for or help.

(1) Insect _____

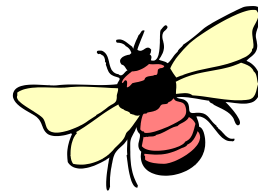
Benefit _____

(2) Insect _____

Benefit _____

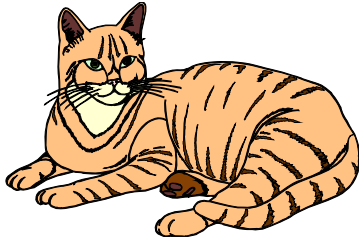
3. List one insect in the Bible. Your teacher can help you with this.

(1) Insect _____



✓ Date Completed _____

Pets



Most people really love their dogs and cats. They show their love by taking good care of their pets. The best way to take care of pets is to learn some things about them.

Things to Learn

1. Identify three breeds of dogs. (A breed is a type.)

(1) _____

(2) _____

(3) _____

2. Identify two breeds of cats.

(1) _____

(2) _____

3. Read or learn about the care of pet birds, hamsters, rabbits, or any other small household pet. For example: How often should you feed them? What kind of cage do they need? Do they need any special kind of care?

4. Write about a pet, and what you learned from reading about it.

5. If you have a pet, list three types of care that you should be providing your pet.

(1) _____

(2) _____

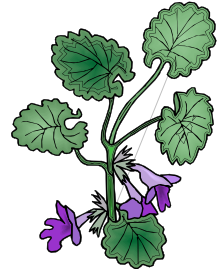
(3) _____



✓ Date Completed _____

Plants

Plants are very important. They provide food and medicine. Plants clean the air too. They were given to us by God for our well-being. *"And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be given for meat."* —Genesis 1:29.



Things to Learn

1. Name four plants which provide food.

- (1) _____
- (2) _____
- (3) _____
- (4) _____

2. Name four flowering plants.

- (1) _____
- (2) _____
- (3) _____
- (4) _____

3. Name four plants known as herbs.

- (1) _____
- (2) _____
- (3) _____
- (4) _____

Nature

4. Choose something to plant and care for it. If it is an indoor plant, care for it for one month or longer.

What did you plant? _____

How often did you water it? _____



✓ Date Completed _____

Wildlife

"Behold now the behemoth . . ." —Job 40:15a "So is the great and wide sea, wherein are things creeping innumerable, both small and great beasts." —Psalm 104:25. God created a wonderful world! It is filled with all kinds of living things. We will learn a few things about God's wild kingdom.



Terms to Know

- ✕ Habitat — An animal's habitat is the kind of place in which it lives.
- ✕ Species — Species are a class or kind of a living thing.

Things to Learn

1. Name four species of animals or fish. For each one, describe what it looks like, and its habitat.

(1)Species _____

(2)Species _____

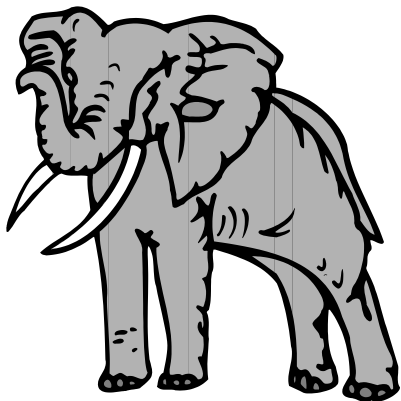
(3)Species _____

(4) Species _____

2. ☐ Visit a zoo or wildlife center.

3. List four animals mentioned in the Bible. Your teacher can help you with this.

(1) _____
(2) _____
(3) _____
(4) _____



✓ Date Completed _____

Notes for Fathers and Teachers

(You really are both!)

I am so glad that you have decided to purchase this book for your son. Sons want to do what their older brothers or their fathers do. In fact, they want to be men now, which is why they are drawn to tools and machines, and want to take everything apart. Despite what the world says, God created boys with a masculine nature. Boys have much to learn, and I hope this handbook begins the learning process for them.

The skills for little contenders are simple beginnings for boys. They will learn a new skill, practice it, do it, complete it, and receive a little reward for the process. This is a good habit to build into your boys—learning something new, trying it, working at it, and finishing it. Your boys will become more and more competent as they journey through this book and through the next, *Contenders for the Faith* for older boys. I pray you will have a good time exploring and working through this book with them.

Jeff

Dad's Reference for Skills

Following are some helpful hints for teaching skills to children.

When teaching young ones hand skills, do not look for perfection. These are all new physical exercises for their fingers, and their little fingers will be awkward. The important thing is learning, trying, and completing. Neatly drawn pictures will come later. Practice makes perfect, as the saying goes. For now we want the boys to try lots of new things, and feel good about what they are doing. This will encourage them to keep an open mind, and to try more and more things.

Never compare one child's efforts with another child's. Each is unique. Just be sure each child is doing his best. Be sure to be lavish in praise and encouragement.

Godly Boyhood

Bible Memory

Each memory work, when completed, should be recited word- perfect or nearly perfect to a dad or teacher. Only one memory work per year is needful, but we hope the boys will learn more than one. We can never memorize too much of God's Word.

Choose from the listed selections. You are also free to memorize any other portions of Scripture not listed. An award which simply states "Bible Memory" is also available, and there are many other Bible Memory awards listed at Keepsake Awards on Amazon.

Bible Reading

Because the children are so young, they can receive a Bible Reading award if an adult reads the passages out loud to them.

Manners

Helpful Information

Most of the information needed to learn this skill can be found in a book on etiquette available from your local library.

Basic Skills

Croquet

1. The order of play—or who goes first, second, and so on is determined by the colors on the stake.
2. A game usually lasts for one to two hours. However, it can be ended at any time, and the winner is declared by adding up the points. One point is given for each wicket through which a player's ball has passed.

Insects

Supplies

1. Book — A book about insects will help the children to learn about them and teach how to identify them.
2. Magnifying Glass — A magnifying glass enables a child to look more closely at insects.
3. Glass Jar — A clean glass jar to hold insects is useful.
4. Paint Brush — A small paint brush to lift small bugs up without harming them is useful.
5. Trowel — A trowel (a very small flat metal or plastic shovel) is a handy tool to scrape away dirt to help find insects which live in the ground.
6. Butterfly Net — A butterfly net is helpful for catching and observing insects that would naturally fly away if one came too near to them.

Helpful Information

Show the child how to properly close the butterfly net upon catching a butterfly or other insect.

Quilling

Supplies

1. Quilling Paper — Quilling paper comes in many different colors and widths. 1/8 inch is the most common size.
2. Slotted Tool — The slotted tool is used for rolling the paper.

3. Ruler — A ruler is needed to measure the lengths of quilling paper.
4. Glue — Glue is needed to hold the ends of the paper together after finishing a roll or gluing two designs together. Any paper glue will do.
5. Project Paper — This is the paper which is the base for your quilling shapes. If you are making greeting cards, a lightweight cardstock paper will do. If you are going to frame your project, you might want to use cardboard. The cardboard can be covered with any pretty paper.
6. Toothpicks — These are helpful in placing small dots of glue where you need them.
7. Wax Paper — This can be used to place under the project while you are working on it. If your design sticks to the paper, carefully loosen it with a toothpick.
8. Quilling Project — Projects can be found in quilling books or purchased as kits. Both will give how-to instructions for learning different quilling shapes.

Helpful Information

Keeping your hands and tools clean while you work will help keep your quilling papers clean. Wash hands often.

Available Resources

★ **Handbooks** (Downloadable PDF Format)

Little Keepers Handbook (for ages 4 to 6)
Keepers of the Faith Girls Handbook (for ages 7 to 16)
Keepers of the Faith Girls Companion Notebook
Little Contenders Handbook (for ages 4 to 6)
Contenders for the Faith Boys (for ages 7 to 16)
Contenders for the Faith Companion Notebook
Essential Guide for Parents and Leaders

★ **Awards**

Beautiful gold and silver award pins with finely detailed, colorful designs describing each skill. If you prefer a bracelet, the complete set of award pins is available as replica disks that can attach to a bracelet. There is a complete line of additional awards, including extra-curricular awards, membership awards, honor awards, and more.

Awards are available through Keepsake Awards on Amazon.com
PDFs are available on www.keepersofthefait.com

Keepers of the Faith®
www.keepersofthefait.com
sales@keepersofthefait.com

Awards they will cherish and remember . . .
At a price you can **afford**



There is that subtle thrill of having done something “good” when a child receives fitting recognition for completing a job well.

Teach them a skill—they’ll have it for life. Show them it was a real accomplishment—they’ll remember for life! Many members of the first club thirty-five years ago still have and cherish their “well done” symbols.

Because these are such high quality awards, they are often treasured for decades, and yet they are economical! This type of award retails for over twice this price. You cannot do more for your child for less. These unique awards are available through Keepsake Awards on Amazon.com.

